

Allergen Cheat Sheet

At Central Smith, we do our due diligence to ensure that our product is safe and of the highest quality. We manage our allergens to the best of our ability. Our ice cream is produced on equipment that is used for processing allergens. We do our very best, but we cannot guarantee that our products are completely free of peanuts, tree nuts, gluten and/or soy.

- Ian Scates, President

	FLAVOUR	DESCRIPTION	CONTAINS							MAY CONTAIN							
			MILK	PEANUTS	TREE NUTS	SOY	WHEAT	BARLEY	SESAME	EGG	MILK	PEANUTS	TREE NUTS	SOY	WHEAT	BARLEY	SESAME
PLATINUM 10% BF	ALGONQUIN CANOE	French Vanilla ice cream with a hint of maple, chocolate ripple and caramel cups shaped like canoes! Unique to Central Smith!	X		X					X	X	X					X
	BIG FOOT	Vanilla ice cream loaded with chocolate peanut butter cups and chocolate ripple.	X	X		X						X	X				X
	BLUEBERRY BLISS	Blueberry flavoured ice cream with a cream cheese frosting and white chocolate pomegranate filled cups.	X		X						X	X	X				X
	CHOCOLATE FUDGE BROWNIE	Chocolate ice cream with chocolate fudge ripple and fudge brownie pieces.	X		X	X					X	X					X
	CHOCOLATE SALTY CARAMEL	Chocolate ice cream with a thick salted caramel ripple and salted caramel pieces.	X		X						X	X	X				X
	CINNAMON BUNZ	Vanilla ice cream with a cinnamon swirl and little mini cinnamon BUNZ throughout.	X		X	X					X	X					X
	COCONUT	Coconut flavoured ice cream loaded with coconut pieces.	X								X	X	X	X			X
	ESPRESSO FLAKE	An espresso coffee flavoured ice cream with dark chocolate espresso-flavoured chunks.	X		X						X	X	X				X
	GRAND SLAM	Grand Slam is a hit out of the park with Peanut butter ice cream, Peanut butter cups, caramel pieces, peanuts and a rich english toffee ripple.	X	X								X	X			X	
	LAVENDER LEMONADE	A tangy sweet lemonade with a splash of lavender... an instant summer classic.	X								X	X	X	X			X
	MAPLE WALNUT	Canadian maple flavour with an ample inclusion of walnuts.	X	X							X	X	X	X			X
	PEANUT BUTTER CHOCOLATE	Chocolate ice cream with a peanut butter ripple.	X	X	X							X	X				X
	PEANUT BUTTER PRETZEL	Peanut Butter ice cream with chocolate covered pretzel bark and chocolate ripple.	X	X	X	X	X					X					X
	PISTACHIO ALMOND	Rich pistachio ice cream and crunchy almond pieces pack an intense wallop of nutty flavour.	X	X							X	X	X	X			X
	PRALINES 'N' CREAM	Our unique caramel ice cream with praline candy coated pecans and rich caramel ripple.	X	X							X	X	X	X			X
	REESE'S PIECES	Central Smith vanilla ice cream with chocolate fudge ripple and loads of Reese's Pieces candy.	X	X	X							X	X				X
ROCKY ROAD	Chocolate and Marshmallow flavoured ice cream swirled with chocolate chips and almond pieces.	X	X							X	X	X	X			X	
SALTY CARAMEL	Caramel ice cream with a thick salted caramel ripple and salted caramel pieces.	X		X						X	X	X				X	
TRUE NORTH CHERRY CHEESECAKE	A decadent duo of creamy cheesecake and vibrant cherry ice cream, complete with indulgent cheesecake chunks and a cherry ripple.	X		X	X			X		X	X				X		
GOLD 10% BF	BIRTHDAY CAKE	White cake flavoured ice cream with a blue frosting ribbon and festive shaped candy inclusions.	X		X					X	X	X				X	
	BLACK RASPBERRY CHEESECAKE	Light cream cheese flavoured ice cream dripping with black raspberry puree ripple and crust pieces.	X			X				X	X	X				X	
	BLACK SWEET CHERRY	Elegant and opulent light purple cherry flavoured ice cream laden with dark Bordeaux cherries.	X								X	X	X	X			X
	BLUE BUBBLEGUM	Light blue bubblegum flavoured ice cream with colourful real bubblegum bits.	X		X						X	X	X				X
	CAPTAIN CYCLONE	Tri-coloured ice cream with strawberry, blue bubblegum and lemon flavours.	X								X	X	X	X			X
	CHOCOLATE CHIP COOKIE DOUGH	Brown sugar flavoured ice cream with real chocolate chip cookie dough and chocolate chips.	X		X	X					X	X					X
	MANGO	Mango ice cream with real Alphonso puree.	X								X	X	X	X			X
	MONSTER COOKIE	Vibrant blue, cookie flavoured ice cream with heaps of yummy OREO's and cookie dough pieces.	X		X	X					X	X					X
	MOON MIST	Tri-coloured ice cream with banana, blue bubble-gum and grape flavours - shoot for the stars!	X								X	X	X	X			X
S'MORE G'LORE	Toasted marshmallow flavoured ice cream with a chocolate fudge ripple and graham cracker pieces.	X			X					X	X	X				X	
SILVER 10% BF	BANANA FUDGE	Banana flavoured ice cream with chocolate fudge ripple.	X							X	X	X	X				X
	COOKIES & CREAM	Vanilla ice cream with lots of OREO cookies throughout.	X		X	X				X	X						X
	COTTON CANDY	Pink cotton candy flavoured ice cream with blue marshmallow ripple.	X		X						X	X	X				X
	FRENCH VANILLA WITH BEAN	Rich french vanilla flavoured ice cream (without eggs) adorned with crushed vanilla bean.	X								X	X	X	X			X
	GRAPENUT	Vanilla ice cream with Grapenut flavour and lots of Grapenut cereal throughout.	X			X	X				X	X	X				X
	MINT CHOCOLATE CHIP	Crème de Menthe green mint flavoured ice cream with lots of chocolate chips.	X								X	X	X	X			X
	RUM RUNNIN' RAISIN	Rum flavoured ice cream with lots of plump juicy raisins.	X								X	X	X	X			X
	STRAWBERRIES & CREAM	Strawberry flavoured ice cream with real strawberries.	X								X	X	X	X			X
BRONZE 10% BF	BUTTERSCOTCH RIPPLE	Butterscotch flavoured ice cream with a rich butterscotch ripple.	X							X	X	X	X				X
	CHOCOLATE	Chocolate lovers will discern, our unique blend of light and dark cocoa!	X							X	X	X	X				X
	VANILLA WITH CHOCOLATE RIPPLE	Vanilla ice cream with a rich chocolate ripple.	X								X	X	X	X			X
	TIGER TAIL	Orange flavoured ice cream with a black licorice stripe!	X		X						X	X	X				X
	VANILLA	An unparalleled true standard in the ice cream world. FRESH + CREAMY= DREAMY!	X								X	X	X	X			X
NO SUGAR ADDED 6% BF	NSA CAPPUCCINO	Coffee flavoured treat!	X							X	X	X	X				X
	NSA RASPBERRY	Tangy raspberry flavoured treat.	X							X	X	X	X				X
	NSA VANILLA	No sugar added, classic vanilla taste.	X								X	X	X	X			X
SHERBET 2% BF IMPROVED FORMULA!	LIME	Lime concentrate delivers an impact of fresh lime citrus flavour.	X							X	X	X	X				X
	ORANGE	Refreshing orange concentrate flavoured low fat treat.	X							X	X	X	X				X
	RAINBOW	Delightful and refreshing triple blend of orange, lemon and raspberry flavoured sherbets.	X								X	X	X	X			X
	RASPBERRY	Classic cool red raspberry. The taste of summer all year long.	X								X	X	X	X			X
	WATERMELON	Sweet & juicy watermelon flavoured sherbet. Chocolate "seeds" included!	X			X					X	X	X				X
NON-DAIRY	BLUE RASPBERRY SORBET	Sweet and delicious blue raspberry non-dairy treat.			X					X	X	X	X				X
	LEMON LIME SORBET	Tart and tangy lemon lime non-dairy treat.			X					X	X	X	X				X
	PEACH SORBET	Sweet and juicy peach non-dairy treat.			X						X	X	X	X			X
	STRAWBERRY SORBET	Strawberry emulsion made into a non-dairy treat.			X						X	X	X	X			X
	VANILLA	Central Smith vanilla flavoured oat based non dairy alternative				X	X				X	X	X	X		X	X